Morning

| 7:00 | breakfast | brush teeth | get dressed |

| 8:00 | family time |

| 9:00 | school work |

| 10:00 | play time | creative time |

| 11:00 | clean up | wash hands | lunch |

| 12:00 | chores |

Afternoon

Time		
1:00	read	puzzle
2:00	school work	computer work
3:00	play time	
5:00	clean up	wash hands / dinner
6:00	shower	pajamas / TV Time
8:00	bed time	

7:30	1:30	outside time	exercise
8:30	2:30	video game	iPad
9:30	3:30	snack	art project
10:30	4:30	brush teeth	walk
11:30	5:30	cooking	nap time
12:30	6:30	4:00	8:00

Morning

Afternoon